



Welcome to Ronald McDonald House Arrow Park

The end of the year is approaching fast and we did not want to miss the opportunity to update you on what we have been up to this year. It's been a busy one and we are grateful for all the amazing people that have fundraised for us. As an independent charity providing free 'home away from home' accommodation near hospitals, we would not be able to keep families together while their little ones are ill, without your generosity and support. Thank you!

Happy Birthday to us!

On 17th of October we celebrated our second anniversary and although we are a fairly new House, we have helped over 190 families from as far afield as Hereford, Warrington, Nantwich, Sutton Coldfield, Swindon and Preston. We hope we'll get to celebrate at least another 100 years of keeping families together. We would not have done it without your support.



North West Triathlon – Sunday 4th September 2011

A group of McDonald's franchisees and McDonald's employees took part in a triathlon to raise money for Ronald McDonald House Arrow Park. We want to say a huge thank you for their efforts. They have raised a fantastic £401 and you can still sponsor them at:

uk.virginmoneygiving.com/team/McDonalds



Joanne Burgess is fundraising for us

Joanne Burgess has set up a fundraising page raising money for our House to thank us for the support we gave her friends Charlotte and James when their son Noah was born. Find out more on her Justgiving page:

<http://www.justgiving.com/RonaldMcDonaldArrowPark>



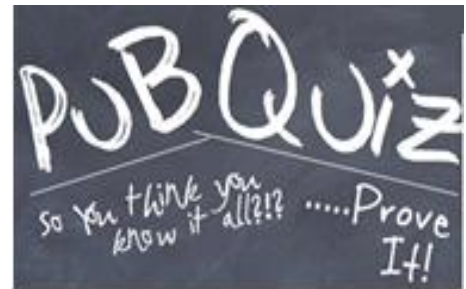
Cycling for Arrowe Park

A big thank you goes to Gary Whitehead who has challenged himself to raise £3,000 for our House by taking part in three cycle rides. He completed Liverpool – Chester – Liverpool (56 miles) on 3 July, Bowland Beast (110 miles) on 7 August and cycled from London to Paris (300 miles) on 14 September. What an amazing achievement! He has raised a fantastic £2,125 and you can still sponsor Gary at: justgiving.com/Gary-Whitehead0



Horse and Jockey Pub Quiz

Come and join us every other Tuesday at the Horse and Jockey Pub to raise money for Ronald McDonald House Arrowe Park. After a very successful first quiz, we decided to host it on a regular basis so that you can come along, have fun and do it all for a great cause. Since they came on board to support us two years ago, the Horse and Jockey team have raised a fantastic £1,345. Thank you and we hope the amount continues to grow.



Walkers in the Wirral – Friday 27th May 2011

On 22nd May, Jeannette Roe and others took part in the Wirral Walk to raise money for our Arrowe Park House. We would like to take the opportunity and say a huge thank you to all that participated. They raised £1,747.50 which was a fantastic help to keep the House running.



Every House needs a Brian

Huge thanks to Brian and Liz who raised a fantastic £200 for the House from completing the Wirral Walk. On top of this, they were fabulous in the House, despite very difficult times; they were both very supportive and helped with cleaning during their stay. As we now say, “Every House needs a Brian!”



Homemade cakes and tea afternoon

A delicious afternoon tea was held on Saturday 17 September at Christ Church Community Centre in Higher Bebington. The event included homemade cakes with jam, a raffle, and face painting and colouring for children. With the entry cost of £3 for adults and £1 for children we raised £210. All proceeds were donated to Ronald McDonald House at Arrowe Park Hospital and Christ Church Community Centre. We are very grateful and look forward to the upcoming events they have planned.



Hadlow Green Singers

Come and join the Hadlow Green Singers for festive fun, mince pies and mulled wine at our Christmas Carol Concert, on Thursday 8th December at 7.30pm, to help raise necessary funds for Ronald McDonald House Arrowe Park. Tickets are only £5. For more details, e-mail catherine.churchill@uk.mcd.uk.



Santa Dash 2011

Are you up for a fun run? Take part in this year's Santa Dash to raise money for Ronald McDonald House Arrowe Park. All entrants will receive a FREE Santa Suit along with a goody bag including a medal and a pair of festive gloves! Entry cost into the full Santa Dash is just £20 and for the Kids Mini Dash just £10. Please follow this link for more details:

<http://santadash.runliverpool.org.uk/enter-online/>



Bodhi and Janine's Story

Bodhi was born at 24 weeks, the only surviving triplet following a very complicated and emotional pregnancy. The Special Care Baby Unit staff referred Janine and her husband to our House at Arrowe Park. The thought of leaving Bodhi alone at the hospital, almost 50 miles away, was unbearable. So we showed them around and explained what we do, which instantly brought a sense of security and ease to their very difficult situation. As each day passed and they got to know us more, it felt like home.

Last month, Janine and her husband were finally able to take little Bodhi home. When they left, they didn't just leave a warm home, but they left friends and the staff whom they had become so very fond of. She said: 'We could not thank them enough for their help, support, understanding and their friendship.' Janine, we wish you and your family all the best and want you to know you'll always have friends in our House!



How can you help?

In order for our House to continue helping families with sick children by providing them with a 'home away from home', we desperately need your support. You can help us by sending donations either by post or by donating online on our website www.rmhc.org.uk.

Alternatively you could text ARRW11 plus your donation amount (e.g. ARRW11 £5) to 70070. Also, if you have any fundraising ideas which will help to raise much needed money for the House, please let us know either by emailing catherine.churchill@uk.mcd.uk or calling the House on 0151 604 7788.

We're always looking for volunteers to come and help us in the House, so if you are interested please contact us on 0151 604 7788 or email Cathy at catherine.churchill@uk.mcd.uk.



Ronald McDonald House
ARROWE PARK

